

CREATE A WORLD OF UNDERSTANDING THIS HOLIDAY SEASON

*Strategies, Tips & Resources
For School & Home*



14 TIPS FOR CHRISTMAS / HOLIDAY SEASON

Even if your cultural background does not celebrate Christmas it is impossible to get away from it in during December.

- 1 Social Scripts are great to use at Christmas to explain traditions,** expectations (ie thank for present even if you already have, don't like etc) Check my blog for tips on how to write Scripts
- 2 Children at schools give out cards to each other and this is an important part of "friendships" in schools.** Help your child take part in card giving if it is part of the school "culture." I find getting the class photo a great visual to support to select who to make cards for etc
- 3 Some Classes do a class Kris Kringle.** If they have to buy for another child, this is a great opportunity to talk about how to choose a gift for someone else ie "what other people like" how to ask people what they like or observe them etc
- 4 Use a Calendar to indicate any changes** in routines, concerts, presentations, visitors, shopping, haircuts etc
- 5 Youtube can be a good place to look for Christmas Traditions** – ie look at Christmas Morning Routine, Unwrapping Presents etc
- 6 Christmas songs and carols will undoubtedly make their appearance.** Find out the words if you don't already know them – make a little book for each carol or song and get your child to help you illustrate it.
- 7 Buy a CD (or Download) of Christmas songs** and carols to play at home and in the car.



8 Read stories about Santa. Explain the Christmas tradition that Santa brings presents. Don't forget to mention that Santa is clever and can get into our houses even though most of our houses don't have chimneys! Explain that we don't have snow at Christmas time that in Australia / New Zealand Christmas falls in the summer. If you don't explain your child may expect snow.

9 Is Santa Real? For older children they may start asking questions about Santa. Check out my Facebook page where we always have some great tips and ideas about how to approach this sensitive issue.

10 Make chains and other decorations with your child to make your house look festive. If your child is older enough they could make his own cards and simple presents. Home made wrapping paper – sheets of butchers' paper painted yellow, red and green adds a lovely touch.

11 Cooking is a favourite activity for all children so don't forget to include making some Christmas cooking on your to do list. Talking about what you think other family members might like is an excellent way of extending your child's awareness of others and their particular likes and dislikes.

12 To make sure that you child understands which presents are for him **stick a small photo on the gift tag instead of his name.** Put a photo of the gift giver on as well to truly add meaning for your child.

13 Take you child out at night to look at the Christmas lights.

14 As Christmas is a time for families and friends you need to prepare your child for visitors, both expected and unexpected. Explain to your child it is OK for them to go to his room when people come; that you will be pleased to see them if he feels like joining you. Also remember to tell your visitors which greeting your child prefers ie: that your child does not like to be hugged and kissed and that he would rather just shake hands or greet them from a distance.

Remember if ordering between now Christmas to PLEASE allow 7 Working Days to avoid disappointment with Deliveries (Before Dec 10th)



BEAN CHAIR

2 SIZES & RANGE OF COLOURS AVAILABLE



Why Great Gift: These mini bean chairs are better than standard bean bags because the bag is already set in the position to sit comfortably in, as opposed to normal bean bags which you have to wriggle around in to get comfy. The sides give children more of an encased feeling. Comes with an inner liner so can be removed for cleaning.

- TWO SIZES AVAILABLE:**
- ▶ 1-6 years \$55 (Colours include Pink, Grey, Red, Blue)
 - ▶ 6-12 years \$60 (Colours include Red, Orange, Black)

Check online colours available or email Dearne: dearne@suelarkey.com.au

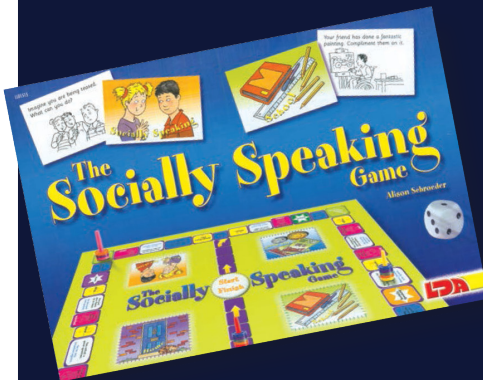
Beans not included.

SONGAMES FOR SENSORY PROCESSING

Why Great Gift: Make Sensory Fun and engaging for kids aged 3-8, Songames are musical activities for improving fine and gross motor skills, muscle strength, and rhythmicity. Comes with CDs and companion booklet which explains how to use music to enhance specific skills.



SOCIALLY SPEAKING BOARDGAME FUN FOR WHOLE FAMILY



Why Great Gift: Make Social Skills FUN! This game focuses on social interaction in three key areas: home, school, and the wider community. Children are able practice vital skills such as greetings, turn-taking, eye contact, listening, compliments, emotions, telephoning others, showing interest in what others are saying, sitting appropriately and still, asking and answering questions, using your voice effectively, developing and maintaining friendships, and more. Contains game board, 100 question cards, playing pieces for 2 to 6 players. OR take out the Cards can be used as social questions on a car trip, at the dinner table etc.

BEAUTIFUL PICTURE BOOKS: EDUCATE THE WHOLE FAMILY THIS CHRISTMAS

GIVE THE GIFT OF UNDERSTANDING

There are wonderful picture books to explain ASD, ADHD, etc to children. PLEASE consider giving a Picture Book to Cousins, Neighbours, Family or Friends to help people understand ASD. Here are 2 of my favourites but more on website.

SPECIAL: • 2 for \$40 or \$25 each Plus P & H

1



INSIDE ASPERGER'S LOOKING OUT

Through engaging text and full-colour photographs, this book shows neurotypicals how Aspies see and experience the world. Each page brings to light traits that many Aspies have in common, from sensitive hearing and an aversion to bright lights and strong smells, to literal thinking and difficulty understanding social rules and reading body language and facial expressions. At the same time, the book highlights and celebrates the unique characteristics that make those with Asperger's Syndrome special.

ALL CATS HAVE ASPERGER SYNDROME

This book takes a playful look at Asperger Syndrome (AS), drawing inspiration from the feline world in a way that will strike a chord with all those who are familiar with AS. This engaging book is an ideal, gentle introduction to the world of Asperger Syndrome.



2

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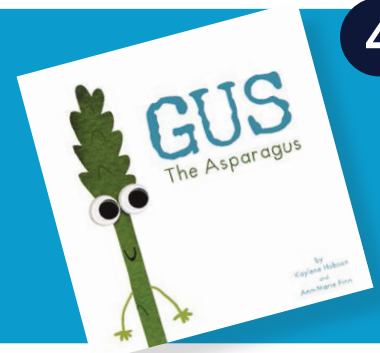


ALL DOGS HAVE ADHD

All Dogs Have ADHD takes an inspiring and affectionate look at Attention Deficit Hyperactivity Disorder (ADHD), using images and ideas from the canine world to explore a variety of traits that will be instantly recognisable to those who are familiar with ADHD.

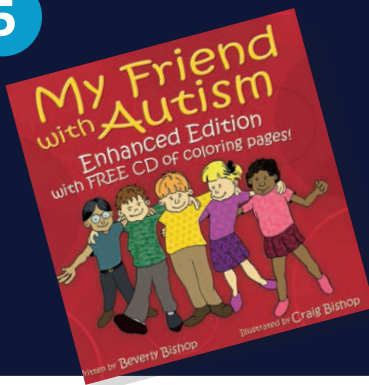
GUS THE ASPARAGUS

Meet Gus! Gus might be the only asparagus in his family, but he is happy. However, when he goes to school he starts to realise that he doesn't always 'fit in'. Gus is here to help kids understand that it's okay to be different. He will soon become a favourite with anyone who has ever felt a little bit out of place, kids and adults alike.



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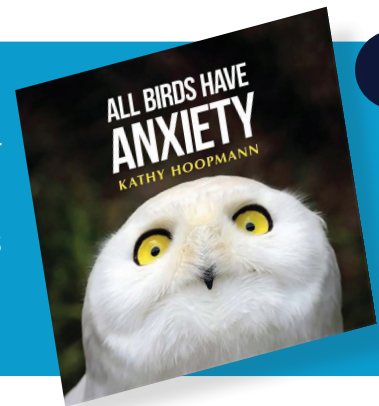


MY FRIEND WITH AUTISM

With vivid illustrations and a charming storyline this book will foster tolerance and understanding among peers. A peer narrator explains that his friend with autism is good at some things and not so good at others – just like everyone else. In an informative, positive tone, he addresses issues such as sensory sensitivity, communication differences, unique ways of playing and insistence on routine.

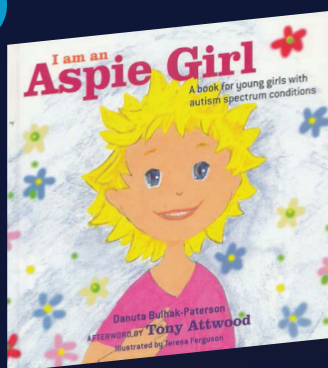
ALL BIRDS HAVE ANXIETY

All Birds Have Anxiety explores the symptoms of anxiety disorder and their impact on day-to-day life through colourful images of life as a bird. Its humorous yet gentle approach recognises the stress that anxiety can cause, helping people to better understand how it feels to have anxiety.



6

7



I AM AN ASPIE GIRL

Lizzie is an Aspie Girl – she has Asperger Syndrome, which means that her brain works differently to her friends and even to boys with Asperger Syndrome. In this book, Lizzie explains what it's like to be an Aspie Girl, including how she has a special talent for blending in with her friends, how she gets really tired after being at school all day, how she worries about making mistakes, and how she finds it hard to understand how she is feeling.



HOLIDAY READING

I love personal accounts by people with ASD. They provide a wealth of insights, understanding and strategies that helped make a difference for them. **Pretending to be Normal - updated version**, this is the first personal account I ever read, and I found it absolutely fascinating.

VERY LATE DIAGNOSIS OF ASPERGERS SYNDROME

This is a fascinating read about the journey of getting a late diagnosis of ASD. How it helped..... make sense of the challenges and misunderstanding people had of him, and him of them. Diagnosis = Understanding & Acceptance.

TEMPLE GRANDIN

My absolute Mentor and Hero! I often refer to quotes of hers on my facebook page. The quotes all come from her amazing books.

- ▶ The Way I see it
- ▶ Thinking in Pictures
- ▶ Different not Less
- ▶ The Loving Push

TEMPLE GRANDIN DVD

Wonderful DVD for anyone to watch. Make sure you get out your tissues! An accurate portrayal of Temple Grandin's life which chronicles Temples early diagnosis; her turbulent growth and development during her school years, and illustrates through mentoring and sheer will how a young autistic woman succeeds against the odds. An excellent movie to educate older children (10+), family members and staff on autism.

GREAT BOOKS FOR TEENS

- ▶ The Aspie Teens Survival Guide
- ▶ The Asperger Teen's Toolkit
- ▶ The Asperkid's Secret Book of Social Rules
- ▶ Freek, Geeks & Asperger Syndrome

PARENTS/CARERS BOOKS JUST FOR YOU!

OR WHY NOT GIVE AS A GIFT TO FAMILIES YOU KNOW TO SUPPORT THEM IN 2020

- ▶ Parenting an ASD Teen
- ▶ Parenting without Panic
- ▶ What I'd Wish I'd known about Raising a Child with Autism
- ▶ Parenting a Teen or Young Adult with Aspergers Syndrome
- ▶ 10 Things Every Child with Autism Wishes You Knew
- ▶ Asperkids
- ▶ Autism Everyday
- ▶ Organising Your ADD/ADHD Child
- ▶ ADHD Homework Challenges Transformed



GET YOUR ACCREDITED TRAINING

FROM WHEREVER YOU ARE THIS SUMMER BREAK!



Learn
Anywhere,
Anytime, on
Any Device

- ✓ 10 Hours of Accredited Training
- ✓ 2 World Experts - Sue Larkey & Dr Tony Attwood
- ✓ 2 x 5 Hour Courses
- ✓ 2 x Certificates on Completion
- ✓ Anywhere, Any Device, Any Time
- ✓ 3 Months to complete (can be extended at anytime)

NORMALLY \$398 FOR BOTH COURSES
NOW JUST \$300 (INCL. GST)

Limited time - must register before 18 Dec

Register at elearning.suelarkey.com.au

"I wanted to send this email to say how helpful I have found this course and my head is absolutely spinning with so many ideas I want to implement. I completed all of your course over the weekend. I know you recommended completing them weekly but honestly they were like a good book and I just wanted to keep going."

- Kylie, Teacher

"I have absolutely loved doing them and have recommended them at the centre I work at. I am so grateful not only for the understandings I am developing and the confidence I am building in being better able to respond appropriately to the needs of children in my class, but also for the flexibility of being able to complete the courses at my own pace. Thank you Sue and to Tony Attwood as well for being so willing to share your knowledge and insight. Much appreciated."

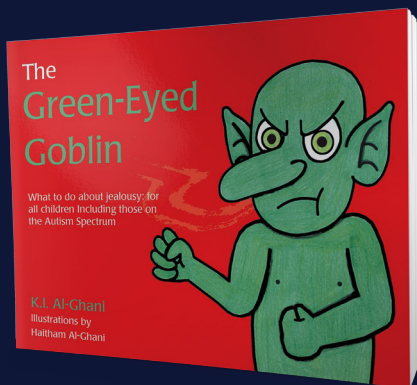
- Rose

BEAUTIFUL BOOKS FOR TEACHING ABOUT EMOTIONS THIS SUMMER

WHAT IS FEELS LIKE & WHAT TO DO!

**SPECIAL
2 FOR \$60**

1



The Green-Eyed Goblin: By K.I. Al-Ghani

Green Eyed Goblin = JEALOUSY

This illustrated storybook explains jealousy through the story of Theo and his Green-Eyed Goblin. It will encourage children to talk about their feelings and learn how to subdue their own Green-Eyed Goblin for good. A section of tried and tested techniques for using with children, and a helpful introduction for parents and carers is included.

CODE B156 **\$35.95 (plus P & H)**

2

The Red Beast: By K.I. Al-Ghani

The Red Beast= ANGER

This vibrant, fully illustrated children's storybook is written for children aged 5+, and is an accessible, fun way to talk about anger, with useful tips about how to 'tame the red beast' and guidance for parents on how anger affects children with Asperger's Syndrome.

CODE B38 **\$33.95 (plus P & H)**



3

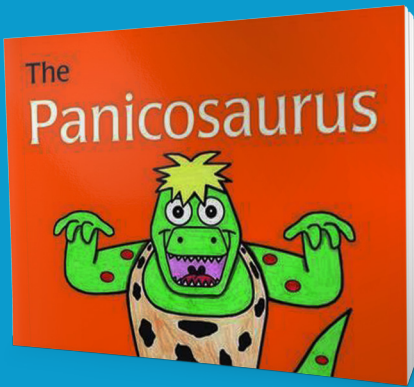
The Panicosaurus:

By K.I. Al-Ghani

Panicosaurus = ANXIETY

This fun, easy-to-read and fully illustrated storybook will inspire children who experience anxiety, and encourage them to banish their own Panicosauruses with help from Mabel's strategies. Parents and carers will like the helpful introduction, explaining anxiety in children, and the list of techniques for lessening anxiety at the end of the book.

CODE B39 **\$35.95 (plus P & H)**



2

Winston the Wallaby Can't Stop

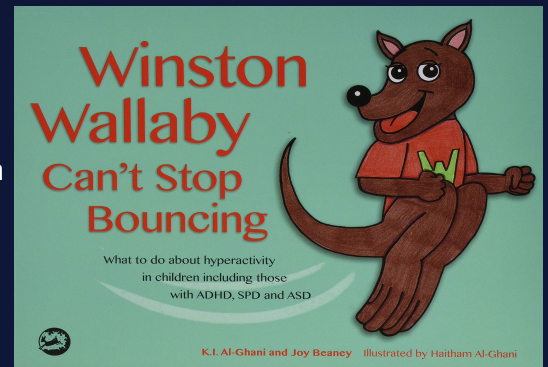
Bouncing:

By K.I. Al-Ghani

HYPERACTIVITY

This fun, illustrated storybook will help children aged 5-10 with ADHD, Sensory Processing Disorder and Autism Spectrum recognise their sensory needs and develop tools to support them. A helpful introduction for parents and carers explains hyperactivity and how it can affect a child's perception of the world, and the appendices at the back provide useful strategies to be adopted at school and at home.

CODE B41 **\$35.95 (plus P & H)**



Remember if ordering between now Christmas to PLEASE allow 7 Working Days to avoid disappointment with Deliveries (Before Dec 10th)

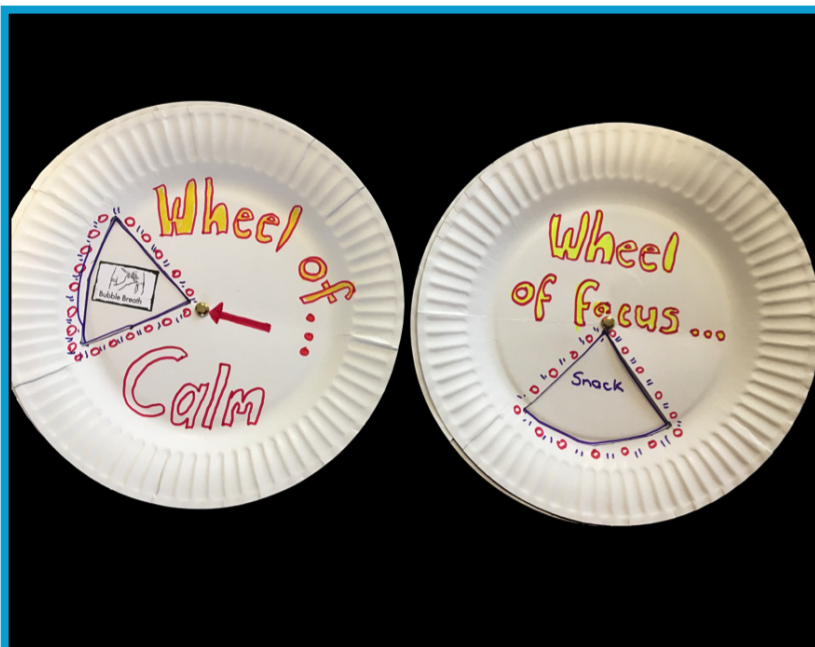
6 KEY STRATEGIES FOR CREATING A CALMING AREA AT SCHOOL AND HOME

- 1 Create a specific area** e.g. a partitioned area in a larger room, a tent, small room, egg chairs, etc.
- 2 Give the area a special name.**
- 3 Use a visual cue** to help them go there.
- 4 Equip with items that promote relaxation** (sensory tools, books, comfortable bean bag or cushion, music, headphones etc.).
- 5 Reward them** for going there independently.
- 6 Have a timer** so they know how long they have been there and know when to come back

**** PARENTS/ CARERS HIGHLY RECOMMEND YOU HAVE A PLACE YOUR CHILD CAN GO TO RETREAT FROM FAMILY ACTIVITIES.**

Some families find a “safe space” on arrival at large social events or take two cars.

CREATE A WHEEL OF ACTIVITIES TO DO TO HELP SELF-REGULATE



You can call this wheel whatever name the student understands i.e. “Focus, Fidget, Calm, Coping, Listening, Sitting, Staying Awesome”.

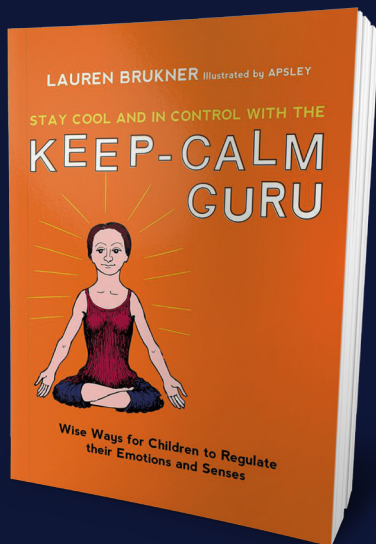
Practice the activities in the wheel and make sure they have the desired outcome. Explain to the student /child sometimes you need to do a few of the activities to be ready to come back to learn, engage, listen, etc.

I like to use the book **The Kid’s Guide to Staying Awesome and in Control** for students to create their own menu of

success. The book offers lots of great activities to help students regulate their emotions. You can cut out the pictures and put in your wheel or write in the activities.

BEAUTIFUL BOOKS TO HELP REGULATE EMOTIONS

1



Stay Cool and In Control with the Keep-Calm Guru By Lauren Brukner

Meet the Keep-Calm Guru, our expert guide to the art of staying cool, calm, and in control in the face of overpowering feelings! This illustrated book introduces wise ways for children to recognise and cope with anxiety, anger, frustration, and other difficult emotions. Using everything from yoga poses and pressure holds, to deep breathing and relaxing colouring activities, the Keep-Calm Guru shows kids how to take back control and feel cool, calm, and just right. Suitable for children with sensory and emotional regulation difficulties aged approximately 7-14 years.

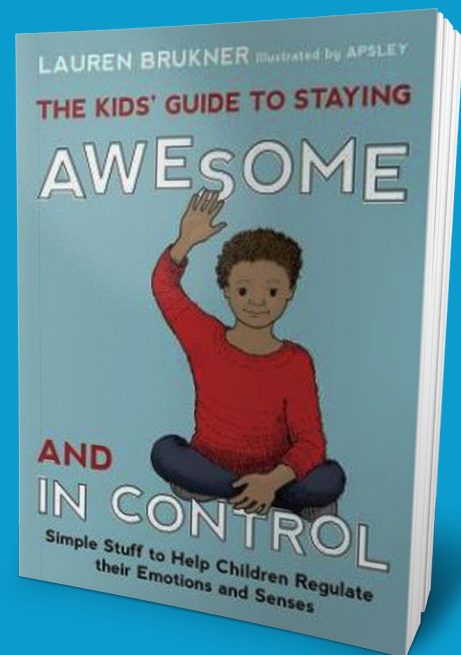
CODE B157 **\$35.95 (plus P & H)**

2

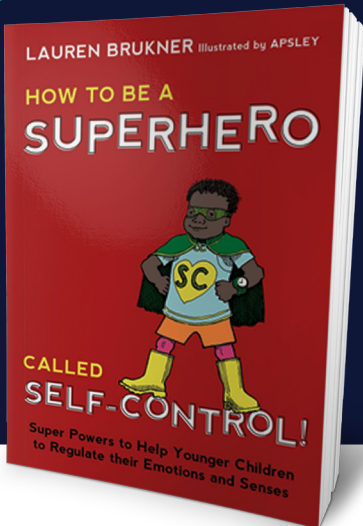
The Kids Guide to Staying Awesome and In Control By Lauren Brukner

From breathing exercises, pressure holds and finger pulls, to fidgets, noise-reducing headphones and gum, this book is brimming with fun stuff to help kids feel cool, calm and collected. They will learn how to label difficult feelings, choose the perfect strategies and tools to tackle them, and use them correctly whether at home or at school. The strategies and tools are accompanied by cartoon-style illustrations, and the author includes useful tips for parents and teachers as well as handy visual charts and checklists to track learning and progress. For ages 7-14 years.

CODE B111 **\$35.95 (plus P & H)**



3



How to be a Superhero Called Self-Control

By Lauren Brukner

Narrated by a superhero called Self-Control, this illustrated book provides a variety of super power strategies to help children with emotional and sensory regulation difficulties, aged approximately 4 to 7 years to master self-control.

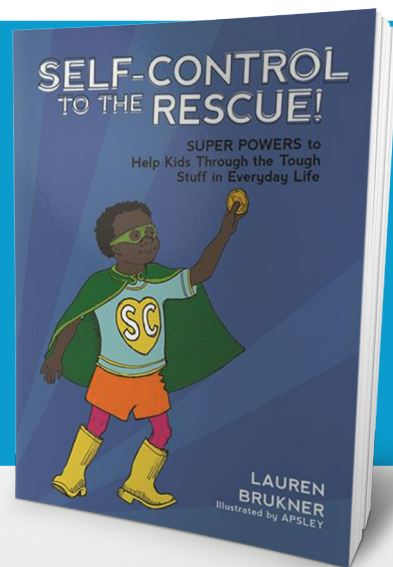
CODE B142 **\$35.95 (plus P & H)**

Self-Control to the Rescue

By Lauren Brukner

Narrated by a superhero called Self-Control, this illustrated book provides a variety of super power strategies to help children with emotional and sensory regulation difficulties, aged approximately 4 to 7 years to master self-control.

CODE B163 **\$35.95 (plus P & H)**



4

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12 ESSENTIAL TIPS CONCERTS & END OF YEAR CELEBRATIONS

- 1 Use Schedules, Calendars, Diaries** to forewarn about upcoming events.
- 2 Photos:** Take Photographs or find pictures of people, places. Take Photos of teacher for next year AND the students in their class. (Likewise: Take Photos of relatives coming to stay).
- 3 Use Timers:** Letting them know how long the Assembly, Concert or Activity will go for will make a huge difference to their anxiety levels. (If activities run overtime allow them to leave if they have stayed for the set time) see pages 19 and 20 for Timers.
- 4 Give a JOB.** In the concert let them be the stage hand, the door keeper. The school photographer. The more focused and clear their JOB the less stress.
- 5 Limit their choices and be very specific with choices.** (ie: sit at end of row, not anywhere in hall!).

- 6 **Give something in their hands** as usually calm best when have something in their hands. See “sensory tools “ next page for ideas.
- 7 **Avoid verbal overload.** Use visuals to support verbal and give only one instruction at a time.
- 8 **Set up clear rules and boundaries** (especially for “special events”).
- 9 **Make social scripts of upcoming events, books about holidays, change of teachers, etc.** Let them refer back to them and reread to prepare for activities. See my Blog for “How to Write Social Scripts” www.suelarkey.com.au.
- 10 **Use language that tells them “what to do”.** For Example: “Sit Down”, “Start your work”, “ Pack away” “Listening”.
- 11 **Give them a “buddy”,** make sure you pre-warn buddy how to be supportive.
- 12 **Keep the drinks up and ensure go to the toilet.** Once they are in busy hall, on bus could have meltdown as forgot to drink or go to toilet.

FAMILIES: YOU MIGHT LIKE TO THINK HOW TO ADAPT THE ABOVE!

- 🔹 **Pre-warn about visitors family visitors:** “When Grandma comes she will hug you like this!”
- 🔹 **Put labels on outside of present,** what is in the inside? This is great! No surprise is a good surprise. Find out if favourite TV shows are OFF over Xmas Break? (I have called ABC before!)
- 🔹 **Use a Calendar** to mark on all events
- 🔹 **Don't forget to include “go home” from holidays,** as they might think they are on holidays FOREVER!

TOP TIP

Give the child a Job! Taking photos for the newsletter/family is effective or videoing the concerts for the class/family to watch.

TOP SENSORY TOOLS. GREAT STOCKING FILLERS TOO

SOMETHING IN HANDS OR TO FIT IN A POCKET FOR LONG SITTING PERIODS CAN BE WONDERFUL.

Pom-Pom Key Chain

Hours of **FUN**.

CODE ST21 **\$4.50**



Wooden Massager

Amazing **for meeting sensory needs**.

CODE ST14 **\$4**



Punki Wrist Band

Pop on wrist or just use for **fidget tool**.

CODE ST22 **\$3**



Improbable Construct

Excellent **for meeting sensory needs**.

CODE ST01 **\$6**



Smiley Face Stress Ball

Great **for stress release**.

CODE ST23 **\$3**



Water Balls

Great **for stress release**.

CODE ST19 **\$3**



Stretch Toys

Great fidget toys **for children who love Blue-tac**.

CODE ST04 **\$3**



Slinky Key Chain

Excellent **for children who process best when fidgeting**.

CODE ST07 **\$4**



Chewy Tubes with Handles

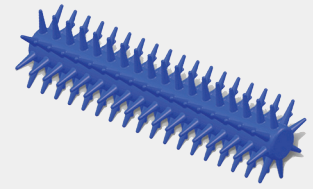
Comes in **different colours/sizes** and with or without a handle.



CODE ST11 **\$13**

Sensory Stixx

CODE ST32 **\$15**



Fidgipod

Amazing for meeting **sensory needs.**



CODE ST02 **\$25**

Sinking Putty

CODE ST03 **\$4**



Mess Stress Balls

code: ST.. **\$5**



Spinning Tops

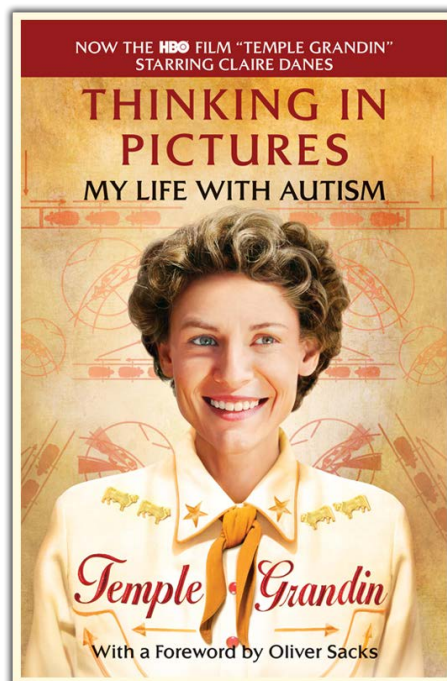
CODE ST05 **\$1**



More Sensory Tools www.suelarkey.com.au

FREE
TEMPLE
GRANDIN
DVD

worth \$26 When
you spend over
\$200**
Before 10/12/20



Amazing movie, must watch!

by HBO Films | An accurate portrayal of Temple Grandin's life which chronicles Temple's early diagnosis; her turbulent growth and development during her school years, and illustrates through mentoring and sheer will how a young autistic woman succeeds against the odds. An excellent movie to educate older children (10+), family members and staff on autism.

\$26 order online

USING TIMERS = REDUCING ANXIETY = IMPROVED BEHAVIOUR = EVERYONE CALMER!

I often find your best strategies come when you reflect on yourself and try to put yourself in a child with an ASD's shoes. Think how you use time, when it goes fast, when it drags, when it helps you plan, when it makes you anxious, when do you look at the time constantly. Have you ever lost your watch, how did it feel? Now let's think of a child with an ASD and look at how they are using time.

Timers can support students who have difficulty with executive functioning by helping them with self-monitoring, time management, prioritising, organisation, planning and impulse control (waiting).

Time Timers are a MUST for all children on the autism spectrum. These are invaluable at both home and school.

Time Timers are specifically designed for use by those with an autism spectrum disorder. The notion of 'time' can be very difficult to understand for these children – particularly in the younger years. With a graphic visual of time passing, children can have a better understanding of time. The Time Timer is a great product which reinforces the sense of elapsed time with a graphic depiction of the time remaining.

TIME TIMERS



Used as an interactive teaching tool, this classroom-tested teaching aide reinforces the sense of elapsed time with a graphic depiction of the time remaining. The Time Timer can be used to set time limits, measure the duration of activities and train students to make better use of available time

- ▶ 20cm Time Timer (large) | code: TT 1 | \$60
- ▶ 7.6cm Time Timer (small) | code: TT 2 | \$45



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disappointment with
Deliveries (Before Dec 10th)**

TIME TIMER WATCH PLUS



Comes with two modes – Time Timer or clock. Time Timer mode depicts time with a patented red disk that disappears as time elapses, making time clear and tangible. Remarkably easy to use. Features: Two modes (Time Timer or clock), clock display is both analogue and digital on a large LCD screen, repeatable time segments (great for intervals!), vibrating and audible alerts, 12 or 24 hour clock, alarm, backlight, soft, replaceable silicon watch band (Youth size 4.75" - 7"), water resistant to 30 metres.

▶ **Youth | code: TT4 | \$85**

Available in Charcoal, Blue, Berry and Green

▶ **Adult | code: TT4 | \$95**

Available in Charcoal

TIME TIMER PLUS



The Time Timer PLUS is a unique visual timer and the ideal solution for anyone who struggles with time. For over 20 years, children, adults and groups have used the Time Timer to stay focused, productive and relaxed throughout the day. As time elapses, the signature red disk disappears, creating a clear and simple picture of the time remaining. Portable and quiet with a protective cover, the Time Timer PLUS is a great way to promote efficient time management at work, school and home. The Time Timer PLUS is approximately 12 cm and suits the more 'destructible' child.

▶ **code: TT 5 | \$75**

TIME TIMER MOD



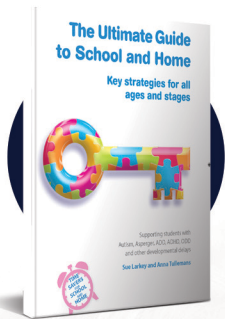
Portable and quiet with a protective cover, the Time Timer MOD is a great way to promote efficient time management at work, school and home. The Time Timer MOD is approximately 9 cm and suits the more 'destructible' child.

▶ **code: TT 6 | \$55**

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SUE LARKEY

MAKING IT A SUCCESS: TEACHING STRATEGIES & BEHAVIOUR SUPPORT



THE ULTIMATE GUIDE TO SCHOOL AND HOME

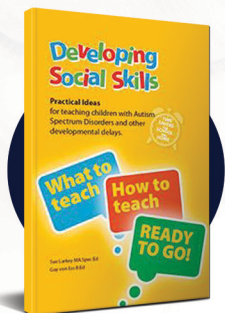
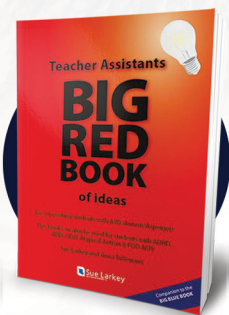
BY SUE LARKEY AND ANNA TULLEMANS Code: B96 | Price: \$44.95

This book provides key strategies for all ages and stages. It offers over 500 practical strategies and time savers for school and home. Everything from setting up a classroom, developing friendships, engaging disengaged students; to moving house, choosing a school and applying for a job. It is the ultimate guide for teachers, parents and all professionals supporting children with autism spectrum disorder, including Aspergers, ADD, ADHD, ODD and other developmental delays.

TEACHER ASSISTANTS BIG RED BOOK OF IDEAS

BY SUE LARKEY AND ANNA TULLEMANS Code: B15 | Price: \$39.95

Hundreds of ideas you can try. Setting up the classroom, the role of the teacher assistant, behaviour in the classroom and playground, stages of anxiety, transition, sensory toys and activities. Includes frequently asked questions and MORE!



DEVELOPING SOCIAL SKILLS

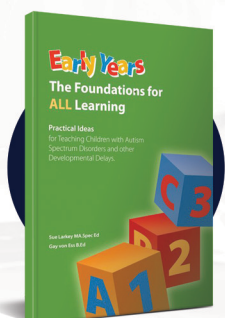
BY SUE LARKEY & GAY VON ESS Code: B18 | Price: \$39.95

A starting point for teaching and encouraging social interactions and skills for children with autism spectrum disorder and other developmental delays. It is a useful concrete and visual resource which when coupled with videoing, role playing and modelling will help young primary school age children with autism spectrum disorder to better understand the social world around them. This book includes hundreds of ideas, social stories and worksheets. It is a great resource full of time savers for home and school.

TEACHER ASSISTANTS BIG BLUE BOOK OF IDEAS

BY SUE LARKEY AND ANNA TULLEMANS Code: B16 | Price: \$39.95

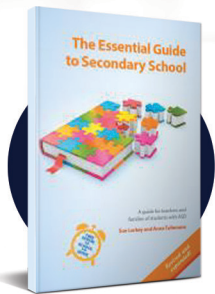
Companion to the Teacher Assistants Big Red Book of Ideas. Hundreds of new strategies to try. Social skills: playgrounds, friendships, building self esteem, bullying. In the classroom: getting on task, adapting tasks and exams, building independence. Managing anxiety and behaviour.



THE EARLY YEARS: THE FOUNDATIONS FOR ALL LEARNING

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A starting point for teaching and encouraging social interactions and skills for children with autism spectrum disorder and other developmental delays. It is a useful concrete and visual resource which when coupled with videoing, role playing and modelling will help young primary school age children with autism spectrum disorder to better understand the social world around them. This book includes hundreds of ideas, social stories and worksheets. It is a great resource full of time savers for home and school.



THE ESSENTIAL GUIDE TO SECONDARY SCHOOL

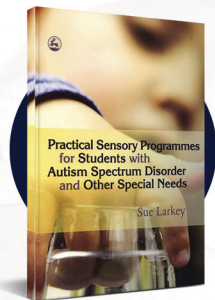
BY SUE LARKEY & ANNA TULLEMANS Code: B02 | Price: \$44.95

Practical guide to secondary school. Includes proformas to photocopy and save you time. Keeping on task, motivation, exams, assignments, sports days and more. Ideas from homework, excursions, curriculum ideas and hundreds of strategies to use! This book has over 100 pages of proven ideas and strategies.

TIPS FOR TOILETING

BY JO ADKINS & SUE LARKEY Code: B17 | Price: \$29.95

A guide for parents and professionals toilet training children with an autism spectrum disorder. Contents include: When to start toilet training, getting started, the use of rewards, techniques, dealing with accidents, sensory issues, bowel motions, generalising, night time training, frequently asked questions, pages of visuals all ready for you to cut out and use! And lots more! 60 pages of helpful hints and ideas.



PRACTICAL SENSORY PROGRAMMES

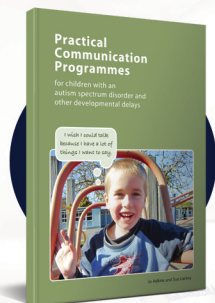
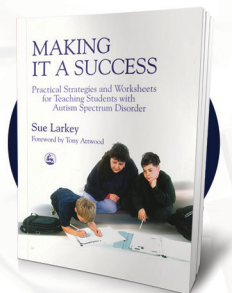
BY SUE LARKEY Code: B05 | Price: \$44.95

This book is designed for families and schools to incorporate sensory activities into the home and school in order to address the significant difficulties students with an ASD often encounter. It shows how to identify sensory problems and develop programmes. Over 100 activities including all five senses and movement.

MAKING IT A SUCCESS

BY SUE LARKEY Code: B01 | Price: \$39.95

This is the ideal reference for schools to successfully integrate students into the classroom. It provides easy to follow, proven strategies and worksheets to use immediately. Dr. Tony Attwood writes in the foreword: "Sue has a remarkable ability to identify and briefly explain the difficulties experienced by a child with autism in a regular classroom and to suggest realistic and practical strategies to improve abilities and behaviour. Her advice is succinct and wise."



PRACTICAL COMMUNICATION PROGRAMMES

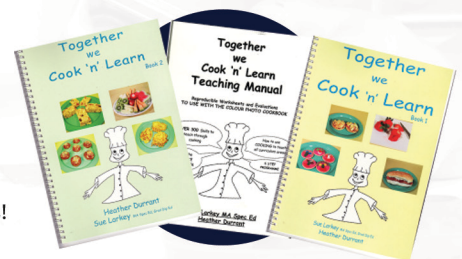
BY JO ADKINS & SUE LARKEY Code: B19 | Price: \$44.95

Communication is the biggest area of skill deficits in nearly all children on the autism spectrum – whether it is little to no verbalisation, social skills or simply understanding spoken language. This book offers hundreds of ideas and strategies to improve communication skills – including picture exchange, teaching literacy skills, and emotions. It includes activities and resources you can photocopy.

BOTH COOK BOOKS AND TEACHING MANUAL

BY HEATHER DURRANT & SUE LARKEY Code: B06MA3 | Price: \$104.95

These books are an ideal teaching programme for everyone. Cooking is a marvelous tool to teach everything from maths to social skills. Because cooking is a favourite with all children it's a wonderful teaching and learning activity appropriate for all ages and stages!



RED AND BLUE BOOK BUNDLE

BY JO ADKINS & SUE LARKEY Price: \$75.00

BOTH BOOKS. Two fantastic companion guides with no repetition or overlap between the two book. Hundreds of ideas and practical strategies for teachers and teacher assistants to try. GREAT FOR TEACHERS TOO!

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